



ENERGY SAVING GUIDE



Set Your Thermostat Back

When away or asleep, move it 10°F toward the outdoor temperature.



Lower Water Heater to 120°F

Most are set to 140°F.



Switch to LED Bulbs

They last longer and use less energy.



Work Your Blinds

Close them against summer sun; open them on winter days for free heat.



Seal Doors & Windows

Weather-stripping and caulk are cheap fixes that help regulate room temperature.



Unplug Idle Electronics

They draw power even when off.

QUESTIONS? WE'RE HERE TO HELP.

703-777-6200 • sescos.com